

# Arden Reading Clinic

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Greetings ~

*I hope everyone's New Year Resolutions are off to a great start! This month I encourage each of you to read with your child our highlighted book, "What is Dyslexia?" For a child who struggles each day, this book is a breath of fresh air. Your children will realize they are not alone and they will discover just how bright their creative, out-of-the-box, thinking brains are. You, too, will get to watch their confidence spring forth with hope in the coming months 🌟!*

*With gratitude,*

*Marcy Sirkin – Owner/Director*

## Speech-to-Text

In our previous newsletter, we included an article about how a 5th grade boy used the Speech-to-Text feature on his iPad to transform his writing, "Pierce struggled with the same cruel disparity that haunts many dyslexic students: weak written expression concomitant with exceptional ideas, knowledge and intellectual abilities." We tutors have seen the same "cruel disparity" in many of our students. Below are links to tutorials for using the Speech-to-Text features on some common devices that are accessible to most of our students. We hope you and your child will benefit from these tips!

Google docs: <https://support.google.com/docs/answer/4492226?hl=en>

Apple: <https://support.apple.com/en-us/HT208343>

Chromebook: <https://support.google.com/chromebook/answer/177893?hl=en>

PC: <https://support.microsoft.com/en-us/help/4042244/windows-10-use-dictation>

To find a tutorial for other devices, just do a Google search. I wrote that sentence and this one using speech-to-text on our PC at the clinic!



## Upcoming Events

### February 1

Tuition due for February billing cycle 2.

### March 2

March billing cycle 3 begins.  
Tuition due on March 1st.

### April 6

Spring Break begins. The clinic is closed and will re-open on April 13.

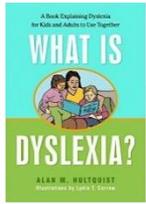
## Important Announcement

Please remember that the clinic **WILL CLOSE** for Spring Break **April 6th – 12th**. That week is not included on the 4-week April billing calendar.

Also, please note that the clinic **DOES NOT** close for President's Day or teacher workdays.

## More Important News

### Book Recommendation



**What Is Dyslexia?: A Book Explaining Dyslexia for Kids and Adults to Use Together**  
**by Alan M. Hultquist, illustrated by Lydia Corrow**

*"...a must read for parents and children struggling with dyslexia."*

### Success Story

#### Danny Boome, Chef & Founder of The Better Fed Project-Dyslexic



**"I think of dyslexia as a creative gene, and not as a disadvantage. I am very happy with who I am and I extend that to other people. There can be no embarrassment and no hiding. There can only be taking advantage of this rewiring of our brains."** Danny Boome is a professional chef, host, and guest

chef on numerous television programs focusing on food and cooking, and is the founder of [The Better Fed Project](#), a nonprofit organization that promotes healthy eating and fitness for adults and children. 'I was always told I'd never amount to anything and that I'd end up on the average side of life,' says Boome. 'Isn't that great motivation?' His parents, whom he describes as "uber supportive," were very aware that he had a problem; they just didn't know what it was. 'I was always an articulate kid, but I couldn't read,' he says. 'I could wax lyrical about Henry VIII, ships, and other topics, and I could hold conversations about anything, so they couldn't understand why I wasn't picking up on anything I read. Watching a documentary on the History Channel, I'd get it in 45 minutes, but reading a book was a four-hour project.' When Danny was 11, his father saw a television program on dyslexia and realized that both he and his son had all the identifying characteristics. Tests confirmed his suspicions, and when Danny went to high school, his parents enrolled him in night classes to strengthen his reading, spelling, and handwriting abilities. He also worked on memory skills, conciseness, and thinking problems through clearly." *By Liz Attebery. Read more about Danny Boome at [dyslexia.yale.edu](http://dyslexia.yale.edu).*

### February billing cycle

M	T	W	TH	F	S	S
2/3	2/4	2/5	2/6	2/7	2/8	2/9
2/10	2/11	2/12	2/13	2/14	2/15	2/16
2/17	2/18	2/19	2/20	2/21	2/22	2/23
2/24	2/25	2/26	2/27	2/28	2/29	3/1



## In the Community

From [Attitudemag.com](#):

[The ADHD Diet](#)

From NPR ED:

[When Things Click: The Power of Judgement-free Learning](#)

From the Yale Center for Dyslexia & Creativity

[A Commitment to Accommodations](#)

[Talking with your Child about Dyslexia](#)

From [Landmark360.org](#):

[Empowered by Their Learning Differences](#)

From Revibe Focus Tracker:

[The 4 Big Impacts of Exercise on Focus and Attention](#)