

Arden Reading Clinic

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Greetings ~

Fall is here and the weather could not be more perfect! This is my most favorite season. I love the crisp smells in the air, bon fires, pumpkins, and the glorious change of color that is just beginning. Eye candy and olfactory senses are about to have a party. I also love observing all the smiling faces I get to see each day. We are a busy, happy group of tutors in this little red house on the hill and we thank each of you for gifting us the opportunity to work with your children!

With gratitude... Marcy Sirkin – Owner/Director

From VeryWellMind.com

“ADD vs. ADHD: What’s the Difference?”

While many people continue to use the terms ADD and ADHD interchangeably, it is important to recognize that they are not the same. Here are some key points to be aware of:

- ADD is an older term for what is now known as the inattentive type of ADHD.
- The term ADHD has been used to describe both inattentive and hyperactive types since the mid-1990s.
- However, some people continue to use the term ADD as a way to indicate that the condition does not include hyperactivity as a symptom.
- The DSM-5 currently recognizes three subtypes of ADHD: inattentive type, hyperactive/impulsive type, and combined type.

Inattentive type ADHD does not manifest itself in the same way that predominantly hyperactive-impulsive type or combined type do. Children with these presentations have different symptoms. . . [For] example, [they] tend to act out or exhibit behavior problems in class. Children with inattentive type ADHD are generally not disruptive in school. They may even sit in class quietly, but that doesn't mean their disorder isn't a problem and that they're not struggling to focus. In addition, not all children with inattentive type ADHD are alike.”

By [Ann Logsdon](#)



Upcoming Events

October 1

Tuition due for October billing cycle 10.

October 18

November billing cycle 11 begins. Tuition due on November 1st.

November 15

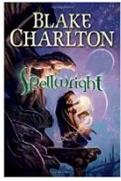
First day of our December billing cycle 12. Your student will get 4 weeks of tutoring.

Important Announcement

Please note that the clinic **WILL BE CLOSED November 22-28** for Thanksgiving. That week is not included in the billing calendar.

Also, the clinic **DOES NOT** close for teacher workdays or Monday holidays.

Book Recommendation



Spellwright by **Blake Charlton**

Nicodemus must create spells by writing out the text . . . but he has always been dyslexic, and thus has trouble casting even the simplest of spells.

Success Story



“Dyslexia has had a defining role in my life and career. As a teenager and as a younger man, I fought against it, trying to escape it....These days I see the idiosyncrasies of my mind if not as a gift, then as a purpose—one that has led me to my two great passions: medicine and literature.”

Blake Charlton, M.D., Author & Cardiologist Fellow at the University of California, San Francisco - Dyslexic

“Blake Charlton is the author of the *Spellwright* Trilogy, a

critically acclaimed fantasy series. Charlton graduated from the Stanford University School of Medicine in 2013 with Scholarly Concentrations in Biomedical Ethics and Medical Humanities and is now a resident physician in the Internal Medicine program at the University of California San Francisco hospital.

Bake Charlton would appear to have it all . . . [his] debut novel, *Spellwright*, was released to glowing reviews . . . Set in a world where words can be physically peeled off a page and used to cast spells, *Spellwright* relates the misadventures of a wizard named Nicodemus Weal, who has a gift for producing magical language, but a disability that makes any text he touches misspell, with devastating consequences.

Like his protagonist, Blake knows how it feels to be a poor speller. Diagnosed with severe dyslexia as a child, he . . . spent most of elementary school in special education. His parents, both psychiatrists, suspected early on that their son had a learning disability because his spoken vocabulary was far superior to his reading capacity. . . Blake concealed his inability to read throughout first grade by watching his classmates and memorizing the order of words they read.” by *Liz Attebury*; read more about Dr. Charlton at dyslexia.yale.edu.

September billing cycle

M	T	W	TH	F	S	S
8/23	8/24	8/25	8/26	8/27	8/28	8/29
8/30	8/31	9/1	9/2	9/3	9/4	9/5
9/6	9/7	9/8	9/9	9/10	9/11	9/12
9/13	9/14	9/15	9/16	9/17	9/18	9/19



In the Community

From Dyslexia Training Institute:

[The Dyslexia Buzz](#) – Dyslexia Advocacy 101 podcast

From Child Mind Institute:

[Back-to-School Tips for Kids Who are Struggling](#)

From the Yale Center for Dyslexia & Creativity:

[Tips from Students](#)

From Understood.org:

[Navigating IEPs Toolkit](#) – this toolkit was created for the Bill & Melinda Gates Foundation and includes everything you need to know about Individual Education Plans (IEPs)

From Revibe Focus Tracker:

[4 Self-care Tips for Parents of Kids with ADHD](#)